October 2020 Volume 59 Issue 10



## Living the Life of the Nembutsu

WHITE RIVER BUDDHIST TEMPLE

3625 Auburn Way N., WA 98002 Mailing Address: P.O. Box 855, Auburn, WA 98071-0855 Reverend Jim Warrick, Minister Temple Office Phone: 253-833-1442



## **Minister's Greetings**

Greetings,

Well here we are in October. With October comes the signs of Autumn: birds migrating, days getting shorter, leaves changing colors and of course Halloween.

Having sweated through a hot summer and survived the smoke and fires up and down the West coast most of us are ready for a change. A change to the cool, crisp weather that comes in the fall.

Other signs of Autumn are large numbers of birds changing their residences and heading South for the winter. Even the plentiful foods on our grocery shelves are changing. In Autumn we see more squash, pumpkins, nuts, kale and apples to name a few. The other vegetables in the garden are slowing down, changing and ending their cycle of growth.

In the natural world change is most profound when the seasons change. Change is a central feature of life. It can be exhilarating, frightening, exhausting, or relieving. It can spark sadness or happiness, resistance or grasping. If you think about it one thing that never changes is the fact that all things are in a state of flux, always changing.

Sometimes we wish for change, sometimes things change in the most unexpected and undesirable ways. This pandemic has changed many things in our lives since it descended upon us.

Halloween has changed quite a bit over the years since I was a child going out at twilight trick or treating until by bag was full of candy given by neighbors, strangers and friends.

Even though Halloween masks were relatively cheap I could not afford one. We would always make our own costumes and paint our faces. I always wished to have a mask, thinking that something like a pirate's mask or a monster mask might seem more scary or authentic.

This Halloween because of the virus, I expect to be still wearing a mask just as I have been for the last six months or so.

I smile and say to myself because of change be careful of what you wish for, you just might get it.

Namo Amida Butsu

Rev. James Hozen Warrick



## **Greetings from the Chairman!**

Hello, temple members.

It has now been over six months since we held our last in-person Sunday service. When in-person Sunday services will resume remains a question but in light of recent King County Covid 19 infection rates, it doesn't appear to be anytime soon. Much depends on when a vaccine becomes available.

During its meeting on September 9<sup>th</sup>, 2020 the Temple Board accepted the Restart Committee's recommendations. Consequently, the Board suspended Sunday in-

person services indefinitely. The Board also cancelled White River's Fall Bazaar. The Board also authorized Reverend Warrick to begin streaming virtual services twice monthly beginning in September. Virtual services can easily be viewed on any online computer, tablet, or smartphone. We encourage all members to seek help from younger more tech-savvy family members so they can view the virtual services. If you think you will need help getting access to the virtual services, please contact Randy Okimoto at reokimoto@comcast.net, or (206 437 9341).

**Continued on Page 2** 

## **Greetings from the Chairman!** (continued from Page 1)

At the Board meeting, Charles also reported on his meeting with the Auburn Fire Department regarding its plans to build an additional fire station in the North Auburn area. They are looking at the grass area west of the temple as a very desirable site. Please contact Charles, Roger or Randy if you have thoughts on the prospects of the Temple selling a portion of its property.

In the meantime, stay safe, stay at home, or WEAR A MASK!

In gassho, Randy

## October Shotsuki Hoyo Monthly Memorial Service In person service CANCELLED; will be available to view online www.wrbt.org/virtualservices

According to our Temple records, the following people passed away in the month of October. If any names have inadvertently been omitted or if you have any questions about Shotsuki services, please contact office@wrbt.org

Kenichi Kato	1971	Masue Mosi Miyoshi	1993
Kiku Kumasaka	1972	Urano Kato	1997
Naka Kiyohara	1975	Fumiko Nishimura	1997
Sen Natsuhara	1979	Tad Kato	2012
Yohei Hikida	1981	Shigeru Toyoshima	2013
Henry Ichiro Komatsu	1989	Mitsuko Hamakami	2014
Matsumi Matt Mikami	1993		

1 year ~ 2019 3 year ~ 2018 7 year ~ 2014 13 year ~ 2008 17 year ~ 2004 25 year ~ 1996 33 year ~ 1988 50 year ~ 1971

DESIGNATED MEMORIAL SERVICE YEARS To schedule a family memorial service, please contact <a href="mailto:office@wrbt.org">office@wrbt.org</a>

## White River Virtual Offerings

#### **Live-Streamed Virtual Services**

Virtual live-streamed services are broadcast at least twice a month on our website at <a href="www.wrbt.org/service">www.wrbt.org/service</a> and YouTube channel. The next live-streamed virtual services will take place at 10:30 AM on September 27th, the monthly Shotsuki-Hoyo service on October 4th, and the Eshinni - Kakushinni Memorial service on October 11th. For questions on how to access the service, please contact us at <a href="mailto:office@wrbt.org">office@wrbt.org</a>.

#### Socializing with the Sangha

In an effort to remain connected with our Sangha members, we encourage you to join us at 10:10 AM before each live-streamed service for "Socializing with the Sangha" - an opportunity to socialize virtually over Zoom, catch up with friends, and talk about the Dharma. A Zoom link will be provided several days prior to the service in an email. Looking forward to seeing you there!

#### Virtual Services Videos Available Online

Did you miss the live service? All of our virtual services are being archived so that you can view then anytime at <a href="https://www.wrbt.org/virtualservices">www.wrbt.org/virtualservices</a>

#### Virtual Meditation

If you are interested in "attending" the virtual meditation sessions, please contact Rev. Warrick for access. (rev.warrick@wrbt.org)

#### **Social Media**

Make sure that you subscribe to White River's social media pages.

Youtube: youtube.com/whiteriverbuddhisttemple

Instagram: <u>instagram.com/WhiteRiverBT</u> Facebook: facebook.com/WhiteRiverBT

# **Timeless Favorites Cooking Class Goes Virtual!**

White River is excited to announce that it will be restarting a virtual Timeless Favorites cooking class online! Join instructor Valerie Yamanaka on September 26th at 11 AM as she teaches participants how to make Japanese potato salad! No fee required, but participants must register ASAP at:

#### www.wrbt.org/timelessfavorties

A Zoom link and ingredients list will be sent prior to the class. Contact Valerie at <u>Valerie.Yumi@gmail.com</u> for questions.

#### **October Calendar**

The days seem to blur together, so an October calendar has been included in this newsletter. Hopefully by including this calendar, it will help to see all of the services, meditation, and other events in one place like we're used to.

Even though we currently do not have any in-person activities or services at the Temple, there are several opportunities for joining the virtual events.

Shortcut to the most current calendar bit.ly/WRBTcal (case sensitive)

## **Buddhist Women's Association**

BWA@wrbt.org

All are welcome to participate in BWA activities. You do not need to be a BWA member

Oct 11, Sun Eshinni-Kakushinni Service with Guest Speaker Rev. Candice Shibata. Watch live streaming at www.wrbt.org/service

It's not too early for Christmas: Fifty of these lanterns will represent the theme, 'Light', on White River Temple's tree at the 2020 White River Valley Museum's Festival of Trees. Five volunteers have signed up to assemble them. Thank you for giving your time and talent. The decoration event at the Museum will be in November.



Above: The BWA will be making these lanterns to decorate a tree for the 2020 "Festival of Trees"

Currently no in-person BWA activities are scheduled through October 2020. Because conditions may change after this article is printed, please check the Temple calendar bit.ly/WRBTcal for updates.

The following events will be rescheduled: BWA General Meeting (Discuss goals and activities for the future and elect Connie Toda as secretary) and Scarf making (Vivian Chair)

Karen Murakami continues a weekly BWA Connections e-mail. For requests to be added to the distribution list or to submit information, please send them to Karen's email: wrlink4goldenchain@comcast.net

#### YEAR-ROUND COLLECTIONS

Thank you for your past donations; collections will resume when the Temple re-opens

Newspapers: Thank you for your donations of newspapers. You can donate directly to Inca's Secret: 8433 S 212th St #105, Kent, WA 98031, (253) 437-1312. Collections at the temple will resume when it opens to the pub-

Collection activities are suspended until the temple re-opens for in-person services (Diaper/Change Jar and YEAR-ROUND Green Box Collections). Thank you so much for your past support.

## **Newsletter Reminder**

July newsletter articles are due Sunday, October 18th. Please send articles to newsletter@wrbt.org.

Save a tree and a stamp - receive your newsletter via email! Contact newsletter@wrbt.org

#### Women in Buddhism Conference

To register or find more information on the event, https://seattlebetsuin.com/2020wib/



Women in Buddhism Conference "Tools for Spiritual Wellness, Part 2"

Saturday, Sunday - October 3, 4, 2020



Carmela Javellana Hirano, MD \*Radical Humility: Jodo Shin -shu Path to Gratitude and Joy" Psychiatrist in private practice, Salt Lake City, UT; ordained Shin Buddhist minister.

Nembutsu

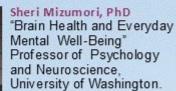


Bonnie Duran, PhD \*Mindfulness and Dharma to undo internalized negative stereotypes" Learned Vipassana in Bodh Gaya India; professor of Social Work & Public Health, University of Washington.

Vipassana



Sharon A. Suh, PhD "Healing from Trauma through Meditation and Yoga" Professor of Buddhism, Department of Theology and Religious Studies, Seattle University.



Brain Health



Tara Tamaribuchi, BFA "Self-renewal through art" Artist and mother, expresses Buddhists concepts through art making.

Healing with Hands

An interactive videoconference by Seattle Betsuin Buddhist Temple Seattle Betsuin Buddhist Women's Association **Buddhist Center for Education** 

SeattleBetsuin.com/2020WiB

## ABA

The ABA is on summer recess so there has been no activity. The September cooking class and meeting were cancelled. next scheduled zoom meeting is Monday, November 9<sup>th</sup> at 1 pm. The cooking class is cancelled.

## **Donations**

The Temple gratefully acknowledges the following donations received and recorded from August 18<sup>th</sup> through September 15<sup>th</sup>. Thank you to the many people whose financial donations, as well as their donations of goods, energy, and time help us to conduct services, programs and maintain the temple. Please contact Charles Natsuhara, Treasurer, regarding omissions or corrections by phone (253) 833-0789, or by email to finance@wrbt.org

Donations can be sent directly to the temple. You can also make a donation by credit card at the temple website <a href="https://www.wrbt.org/donate">https://www.wrbt.org/donate</a>.

#### **Total Donations Received - \$873.61**

## **Memorials**

Mrs. Monica Furtik July Shotsuki - In memory of Yooko Watanabe M/M Roger & Shirley Fukai September Shotsuki – In memory of John Hamakami M/M Karen & Robert Nishimoto September Shotsuki – In memory of John Hamakami Mrs. Monica Furtik September Shotsuki – In memory of John Hamakami Mrs. Alice Nishimoto September Shotsuki – In memory of Nancy Fujikawa September Shotsuki – In memory of Ed Tanaka Mrs. Gayle Takemura Mrs. Gayle Takemura September Shotsuki – In memory of May Kajikami Ms. Laurie Tanaka September Shotsuki - In memory of May Kajikami

M/M Sharon & Mark Kosai

M/M Yuri & Itsuo Shiotani

Mrs. Joan Rodgers

In memory of Amy Kato

Mrs. Gayle Takemura

In memory of Amy Kato

Mr. Dennis Yamashita

In memory of Amy Kato

Virtual Obon/Bon Odori

Don Ouye In honor of Waichi Jane, Randy, and Gale Ouye

**Ohigan** 

Mrs. Lilly Kato

**General Donations** 

M/M Sharon & Mark Kosai September - Temple Support

Ms. Patricia CosgroveIn AppreciationM/M Mitsuko & Alvin TeradaIn AppreciationAnonymousIn Appreciation

Kroeger Community Giveback Program

## **2020** Pledge Totals August 1 – 31, 2020

## Thank you for your support in 2020!

## PLEDGES DECLARED DOLLARS COLLECTED

DateAdditionalTotalContributorsAdditionalTotalSeptember 7, 2020\$2,000\$39,95047\$3,005\$34,875

Name and Amount Not Specified for Publishing:

Amount Not Specified for Publishing: Charles Natsuhara

**Under \$500**:

\$500-\$999:

\$1,000-\$4,999:

For Comparison

September 1, 2019 \$0 \$26,515 40 \$120 \$23,835

## **Facilities Committee**

Tomo is still stuck in Japan waiting for a visa. Because of coronavirus concerns, the wisteria trellis project has been postponed until the spring. Charles and JR are mowing the grass areas and Mary, Vivian, Janis and Randy are maintaining the garden and playground areas. We have had a problem with the refrigerator becoming too cold and freezing the ingredients in it. Bob Akiyama has scheduled time with our maintenance company to fix the refrigerator and perform annual maintenance on the freezers. Charles and Roger met with the Auburn Fire Dept. regarding the possibility of the Department purchasing/leasing the back area for a new fire station.

\*\*Views expressed in articles by individuals do not necessarily represent the views of, and should not be attributed to the Temple or Sangha members\*\*

## Reverend Warrick's Formal Temple Office Hours (SUSPENDED)

Wednesday & Thursday 10:00 am - 2:00 pm Sunday 8:30 am - 1:00 pm

For religious or other consultations and home visitations, we advise that an appointment be made directly with Rev. Warrick. Reverend Warrick is on-call 24 hours a day, 7 days a week for emergencies.

For ALL ministerial needs (including emergencies), please call the Temple phone (253) 833-1442. If your call is not answered immediately, please leave a message and Rev Warrick will return your call as soon as possible. Note that calls will be forwarded to Rev. Warrick when he is not at the Temple.

Temple office

office@wrbt.org (253) 833-1442 Rev Warrick

Rev.Warrick@wrbt.org

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**PO Box 855** 

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